

# CERTIFICATE OF PARTICIPATION

This is to certify that

**alexandrea van  
helsdingen**

Has successfully participated & completed the

**5km Prestige Trail Run Series #1**

held at Cowhouse Market.

**TIME 00:36:05**

**PACE 07:12/km**

**OVERALL 15 of 109**

**GENDER 5 of 71**

**40 - 49 1 of 13**

22 November 2020, Sun

Date



*BoutTime*

Signature

